

Training workshop

Learners with mental health difficulties

Outstanding support, Dismantling barriers, Meeting needs

What is this training about?

Outstanding providers promote an inclusive environment that meets the needs of all learners, including those with mental health difficulties. They recognise that this involves all staff dismantling barriers and providing effective support

The 2019 inspection framework has key practical implications for promoting an inclusive culture where the principles of equality and diversity are nurtured. One in five learners aged 16 to 25 will have a mental health difficulty. Actively meeting the needs of these students is an essential part of your journey to outstanding and beyond – to be the 'best of the best'.

Why should staff attend?

Just as steps in a building are barriers that need to be dismantled for learners who are wheelchair users, there are a number of common psychological barriers that need to be dismantled for learners with mental health difficulties **into** learning, and **while** learning. But do teaching and business support staff know how to do this?

Are teachers and learning support assistants aware of the practical strategies to ensure sensitive, responsive and effective support both in and outside of the classroom? Do teachers know how to personalise their teaching and learning to ensure learners with mental health difficulties are successful? What about safeguarding implications such as confidentiality, consent to share information and students who self-harm?

Do business support staff, such as those involved in admissions, IAG and student services, understand the practical strategies that they can take to meet the needs of these learners?

Updated with the very latest findings from Ofsted, this engaging and interactive workshop answers these and other questions, sharing best practice in the sector.

Why should we run this event?

This course will help your organisation to:

- **Ensure** staff are adept at working with and supporting learners with mental health difficulties.
- **Build capacity** for staff to identify and promote outstanding practice.
- **Drive up** learner success, narrow achievement gaps and **improve inspection outcomes**.

Excellent day. Great to see a social model approach being adopted to mental health difficulties.

Jeff Morgan, Newcastle College

Absolutely brilliant. This event was full of information and ideas.

Tamasine Penford,
West Notts College



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Who should attend?

Tutors, learning support staff, admissions, IAG and student services staff, curriculum managers, advanced practitioners, equality champions, mental health coordinators.

What will delegates learn?

Objectives of a one-day event are to:

- Understand the mental health continuum and the **social model** for supporting learners
- Explore **case studies** and **knotty issues**
- Discuss the **barriers into learning and while learning** that learners with mental health difficulties may experience, **the impact** on the learning experience, and how **teaching staff and business support staff** can **dismantle these barriers**
- consider the **practical and emotional support** within teaching and learning and outside the classroom, to **more effectively support learners**
- Consider actions you can take to **challenge mental health stigma and discrimination** and **improve the experience of learners with mental health difficulties**

Superb. Very useful information and lots of questions answered.

Julie Catrall,
King George Sixth Form College

Are there any options?

This workshop can be delivered face-to-face or online, via Microsoft Teams. Training can be delivered as a **90-minute workshop, two-hour or a half-day workshop**, either as a single event or repeated in a day.

Training can be targeted at teaching staff or business support staff, or include both groups.

Training can be tailored, for example to learning support staff, equality champions or tutors with a specific interest in supporting learners with mental health difficulties.

More questions?

Contact Christine for indicative content, programmes, amount for delivery of training sessions and anything else you need to know.

Dr Christine Rose

Christine is an experienced equality, diversity and inclusion consultant and a registered trainer with MIND the mental health charity

Nationally recognised as an expert, she has worked with over 300 providers, supporting a significant number to achieve outstanding

status at inspection. She has helped thousands of staff and managers improve their practice.

She uniquely combines an ability to inspire with extensive experience and an in-depth knowledge of best practice. Her training events are engaging, interactive and highly practical.

